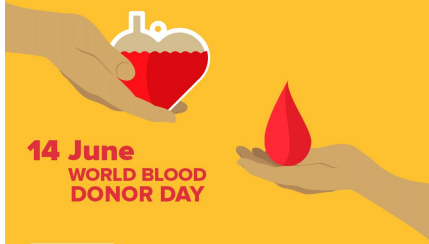


# ALL YOU NEED TO KNOW ABOUT BLOOD DONATION



**14 June**  
WORLD BLOOD DONOR DAY

**2004**

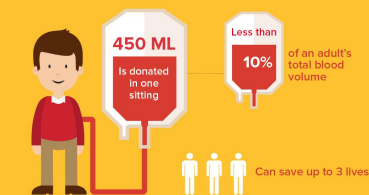
Established to raise awareness about safe blood donation.

**2020**

WHO aims to obtain sufficient blood from voluntary donors over the world



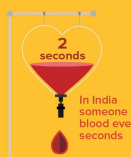
## WHY SHOULD I DONATE?



Time to replace lost blood by body



Time required including time for rest & refreshment



In India someone needs blood every 2 seconds

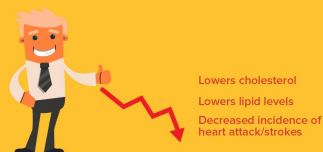


All you feel is a gentle pressure and a "pin-prick" sensation

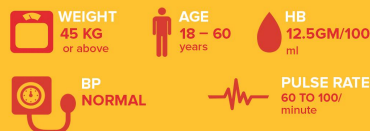
**1 OUT OF 3** of us will need blood transfusion during our lifetime

**1 OUT OF 10** hospital patients need blood transfusion

## HEALTH BENEFITS



## YOU CAN DONATE BLOOD IF



## ON THE BLOOD DONATION DAY



## AFTER DONATION

