

REASONS TO GET INTO CHARITY



CHARITY WORK CAN HELP OTHERS LEARN

Do you have skills that you take for granted? You can teach parents how to cook nutritious meals and reduce their food expenses. Better yet, teach the basics of nutrition to families and help teenagers learn to cook. These skills will last a lifetime and provide health benefits, too. Charity work for volunteers who can teach teenagers and adults new career skills is always in demand.



CHARITY WORK CAN GIVE YOU A NEW PERSPECTIVE

Working with at-risk youth who may be most susceptible to harm in these economic times will certainly give you perspective. Budget cuts are hitting public schools in nearly every state as teachers face yet another year of layoff notices. Non-profit organizations that serve elementary, middle school and high school students need all the volunteers they can get as they strive to provide a continuity of service for parents and their children.



CHARITY WORK TEACHES HUMILITY

Volunteer one day a week to take notes for a college student, who happens to be in a wheelchair, and you will be inspired by her. Observe the drive and motivation she brings forth to meet her daily challenges, and you learn humility. Teach a third grader to read smoothly and with expression. Watch his face as he grasps what you tell him in an Oh, now I get it ah-ha moment. This young student will also teach you humility.



CHARITY WORK CAN INSPIRE OTHERS

When Jennifer Goodman Lin, a cancer survivor who was treated at Memorial Sloan-Kettering Cancer Center, started Cycle for Survival in New York in 2007, she could not imagine how it would grow in just four years. Her personal story and fund raising program to fight rare cancers inspired so many people to get involved that indoor cycling teams in 2011 took part from Chicago, San Francisco and other satellite locations.



IN CHARITY WORK, YOU CAN LEARN A NEW SKILL

If you are a member of a team organizing fund raising events for a local community organization, you learn to work on a team toward a common goal.



Once mastered, the ability to understand and fulfill your role and communicate effectively with others to accomplish a project stays with you.