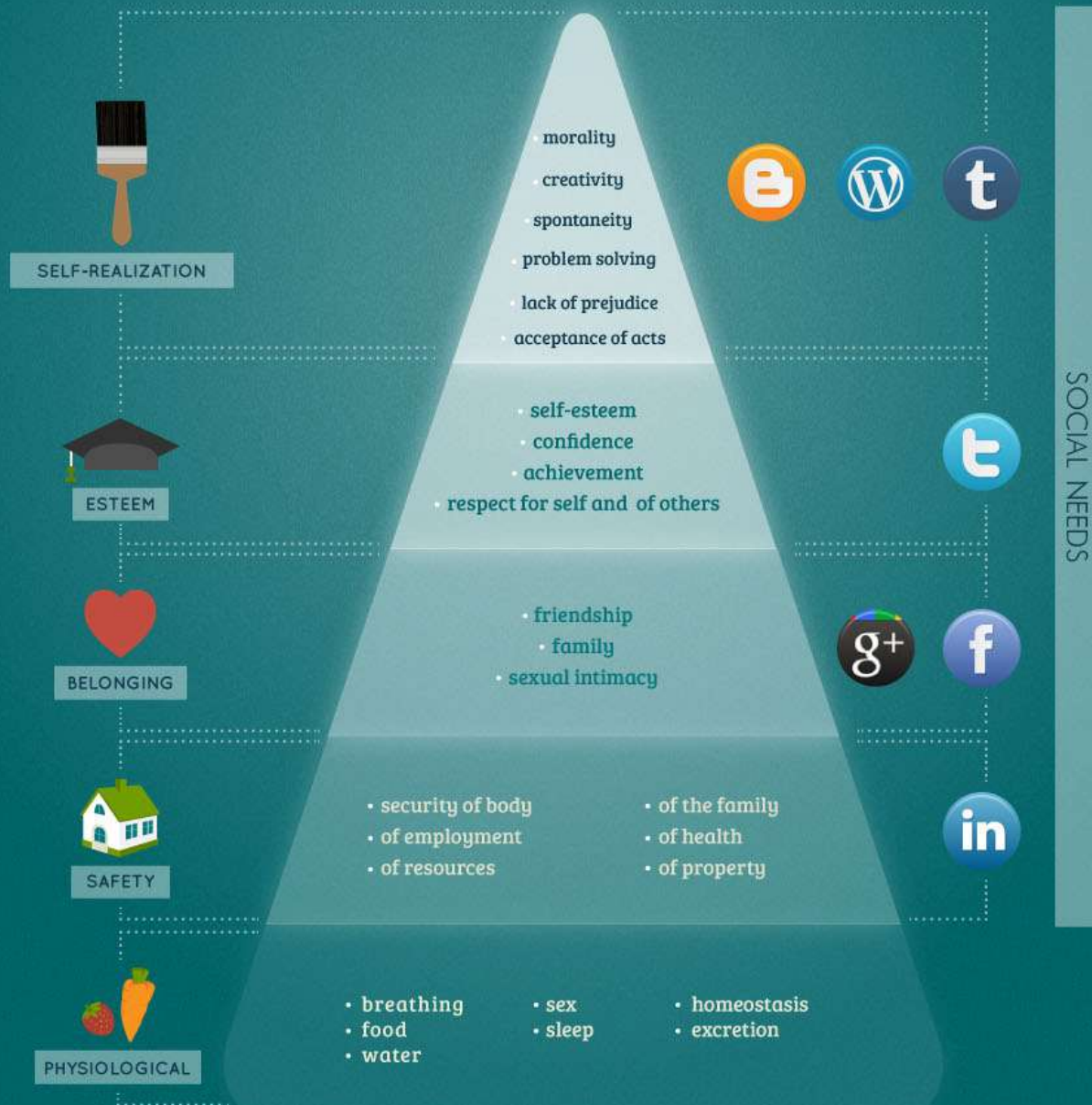


# MASLOW'S HIERARCHY OF NEEDS\*

AND THE SOCIAL MEDIA THAT FULFILL THEM

**ABRAHAM HAROLD MASLOW** (1908 - 1970) was an American psychologist known as one of the founders and principal exponents of humanistic psychology, a psychological current that advocates the existence of a basic human tendency toward mental health, which would manifest as a series of ongoing processes of self-actualization and search self-realization.



Sources: Wikipedia, <http://www.flickr.com/photos/77813293@N00/4926795330/>

